



COMMUNITY NATURAL FOODS

# Family Farms

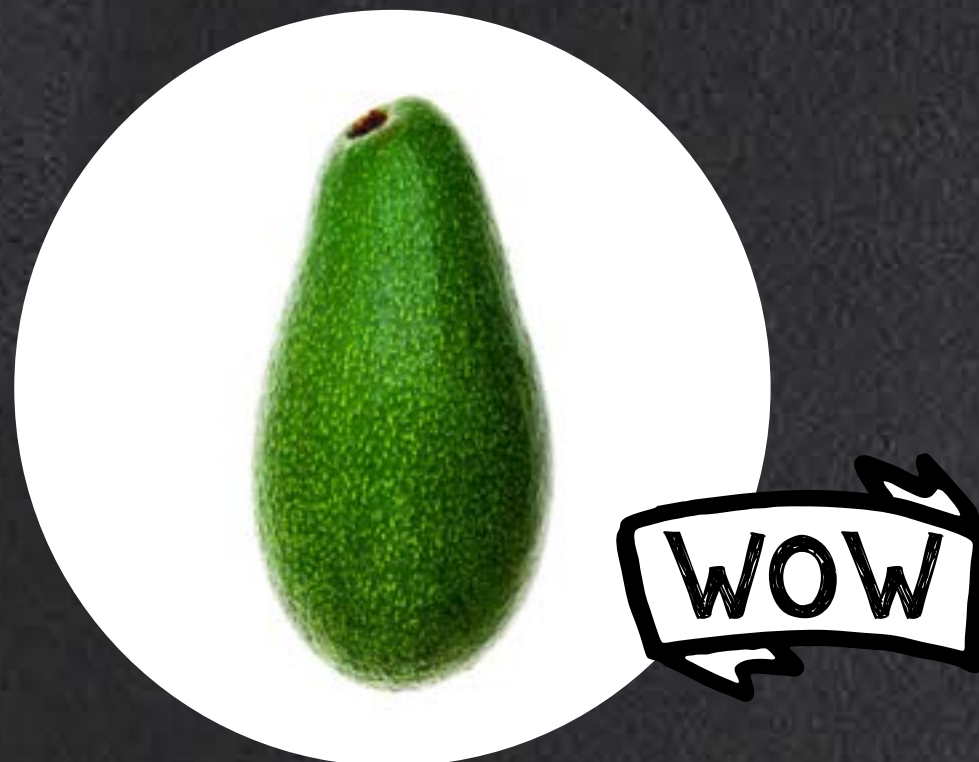
July 1st - July 7th

Honeydew Melons



**\$1.29** / lb  
\$2.84/KG

Avocados



**\$1.09** each

Limes



**\$1.98** / lb  
\$4.36/KG

Gala Apples



**\$1.98** / lb  
\$4.36/KG

Potatoes White Nuggets



**\$2.49** / lb  
\$5.48/KG

Yellow Onions



**\$4.95** /3lb Bag

ALL ITEMS CERTIFIED ORGANIC - UNLESS OTHERWISE SPECIFIED

SHOP FOR OVER 1000 LOCAL ALBERTA MADE PRODUCTS  
WITH US IN STORE OR ONLINE AT  
COMMUNITYNATURALFOODS.COM/SHOP-LOCAL



# July 1st - July 7th

## myCNFSavings!

**ROCKRIDGE DAIRY  
ALBERTA MILK & CHEESE**

Assorted



STARTING AT  
**3<sup>29</sup>**

**PRAIRIE HARVEST  
ORGANIC PASTA**

454g



**2<sup>99</sup>**

**HONEY BUNNY  
DAD'S BBQ SAUCE**

500g



**8<sup>49</sup>**

**GOLD TOP  
ORGANIC BROWN FLAX SEED**

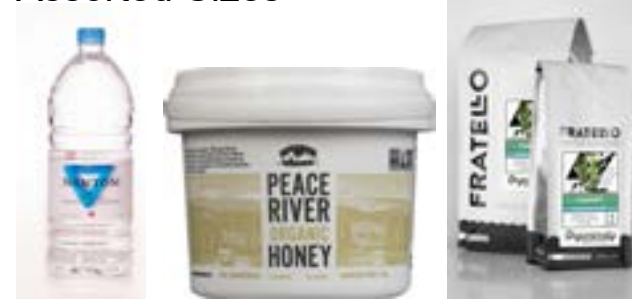
454g



**7<sup>99</sup>**

**NANTON WATER, ANALOG/  
FRATELLO  
COFFEE & PEACE RIVER HONEY  
SUPPORT LOCAL BRANDS**

Assorted Sizes



**1<sup>39</sup> -  
3<sup>99</sup>**

**SPOKES  
PUFFED POTATO SNACKS**

80g



**MEMBERS  
PRICE  
2<sup>99</sup>**  
SAVE \$.70

**GO MACRO  
NUT BUTTER BARS**

52g-69g



**MEMBERS  
PRICE  
3<sup>29</sup>**  
SAVE \$.70

**WHOLE EARTH & SEA  
WHOLE FOOD  
SUPPLEMENTS**

Line Drive



**MEMBERS  
SAVE  
15%**

**NEW ROOTS  
NUTRITIONAL SUPPLEMENTS**

Select Products



**MEMBERS  
SAVE  
15%**

**HIMALAYA  
AYURVEDIC HERBAL  
SUPPLEMENTS**

Line Drive



**MEMBERS  
SAVE  
15%**

**SOLAR RAW  
KALE CHIPS**

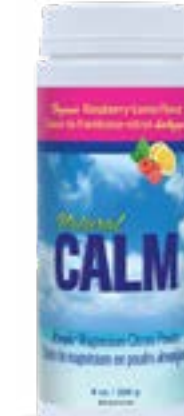
100g



**MEMBERS  
PRICE  
7<sup>19</sup>**  
SAVE \$1.30

**NATURAL CALM  
MAGNESIUM POWDER  
SUPPLEMENTS**

Line Drive



**MEMBERS  
SAVE  
15%**

**CARLSON  
OMEGA 3 FISH OIL  
SUPPLEMENTS**

Line Drive



**MEMBERS  
SAVE  
15%**

**IRON VEGAN  
SUPPLEMENTS FOR  
ATHLETES**

Line Drive



**MEMBERS  
SAVE  
15%**

**RED DUCK FOODS  
CONDIMENTS**

Assorted Sizes



**MEMBERS  
SAVE  
13%**

**SWERVE  
ZERO-CALORIE  
SWEETENER**

340g



**MEMBERS  
PRICE  
9<sup>49</sup>**  
SAVE \$1.80

**YOSO  
PLANT POWERED  
DAIRY**

Assorted



**MEMBERS  
SAVE  
15%**

**UNBUN  
KETO FRIENDLY  
BREADS & PIZZA  
CRUST**

200g-350g



**MEMBERS  
SAVE  
15%**

**FLORA  
ORGANIC MCT OIL**

250ml



**MEMBERS  
PRICE  
12<sup>99</sup>**  
SAVE \$3

**LIFE CHOICE  
HAND SANITIZER**

170ml



**MEMBERS  
PRICE  
21<sup>99</sup>**  
SAVE \$5

**THE WIZARD'S  
GLUTEN-FREE  
WORCESTERSHIRE  
SAUCE**

251ml



**MEMBERS  
PRICE  
7<sup>39</sup>**  
SAVE \$1.10

**KIND  
SNACK BARS**

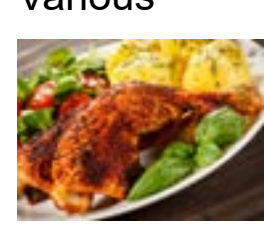
40g



**MEMBERS  
SAVE  
14%**

**ROSSDOWN  
WHOLE CHICKEN  
LEGS**

Various



**MEMBERS  
SAVE  
15%**

**COMMUNITY  
NATURALS  
CLASSIC POTATO  
SALAD**



**MEMBERS  
SAVE  
15%**

**BADGER  
NATURAL  
SUNSCREEN**

Assorted



**MEMBERS  
SAVE  
20%**

**LAFE'S  
NATURAL  
DEODORANT**

Assorted



**MEMBERS  
SAVE  
20%**

# SUMMER ESSENTIALS



To learn more about what we offer, connect with a wellness expert in-store or by calling Customer Care at 403-930-6363.

**NATURTINT DRY SHAMPOO**  
20g



**14<sup>99</sup>**

**LILY OF THE DESERT ALOE VERA GELLY**  
114g



**5<sup>99</sup>**

**GREEN BEAVER FACE SUNSCREEN SPF 25**  
40ml



**21<sup>99</sup>**

**ALL GOOD SPF 30 KIDS'S SUNSCREEN SPRAY**  
177ml



**23<sup>99</sup>**

**HONEY CANDLES CITRONELLA OUTDOOR CANDLE**  
3oz



**16<sup>99</sup>**

**BELL ALLERGY RELIEF**  
30cap



**25<sup>99</sup>**

**PURICA HAND SANITIZER**  
100ml



**7<sup>99</sup>**

**GREEN BEAVER SPF 15 MINERAL SUNSCREEN LIP BALM**  
4.5g



**7<sup>99</sup>**

**ROCKY MOUNTAIN SHAMPOO BAR**  
110g



**5<sup>95</sup>**

**ROUTINE SUPERSTAR NATURAL DEODORANT**  
58g



**31<sup>99</sup>**

**WILD CREEK NATURALS JUNGLISTA OUTDOOR SPRAY**  
60ml



**9<sup>99</sup>**