

SHOP FOR OVER 1000 LOCAL ALBERTA MADE PRODUCTS  
WITH US IN STORE OR ONLINE AT  
COMMUNITYNATURALFOODS.COM/SHOP-LOCAL



Nov. 25th - Dec. 1st  
*myCNFSavings!*

EARTH'S CHOICE  
ORGANIC CANNED  
GARBANZO BEANS  
398ml



**GREAT  
PRICE**  
EVERY DAY  
**2<sup>49</sup>**

COMMUNITY NATURALS  
RAW PUMPKIN SEEDS  
1L



**6<sup>99</sup>**

GLDN HOUR  
SPARKLING COLLAGEN  
WATER  
355ml



MEMBERS  
**PRICE**  
**3<sup>79</sup>**  
SAVE \$.70

COMMUNITY NATURALS  
TOURTIERE  
9 inch



**19<sup>99</sup>**

GALERIE AU CHOCOLAT, ORGANIC  
TRADITIONS, SO DELICIOUS  
SEASONAL FAVOURITES

Assorted Sizes



**3<sup>99</sup> -  
23<sup>99</sup>**

SMART SWEETS  
NO SUGAR ADDED GUMMIES  
50g



MEMBERS  
**PRICE**  
**3<sup>89</sup>**  
SAVE \$.60

DAIYA  
VEGAN GLUTEN-FREE MAC  
& CHEESE  
300g



MEMBERS  
**PRICE**  
**4<sup>59</sup>**  
SAVE \$.90

ASPENCLEAN  
HOUSEHOLD CLEANING  
PRODUCTS  
All Varieties



MEMBERS  
**SAVE**  
**30%**

NATURAL FACTORS  
STRESS & IMMUNE  
SUPPLEMENTS  
Select Products



MEMBERS  
**SAVE**  
**15%**

NEW CHAPTER  
WHOLE FOOD SUPPLEMENTS  
All Varieties



MEMBERS  
**SAVE**  
**15%**

LOVE GOOD FATS  
KETO-FRIENDLY SNACK BARS  
39g



MEMBERS  
**PRICE**  
**2<sup>49</sup>**  
SAVE \$.50

SANTEVIA  
ALKALINE WATER FILTER  
SYSTEM PRODUCTS



MEMBERS  
**SAVE**  
**10%**

IRON VEGAN  
SUPPLEMENTS FOR ATHLETES  
All Varieties



MEMBERS  
**SAVE**  
**15%**

RENEW LIFE  
DIGESTIVE & DETOX  
SUPPLEMENTS  
All Varieties



MEMBERS  
**SAVE**  
**15%**

PRASAD  
AYURVEDA  
ORGANIC GHEE  
225g



MEMBERS  
**PRICE**  
**15<sup>89</sup>**  
SAVE \$3.10

ENDANGERED  
SPECIES  
OAT MILK SEA SALT  
ALMOND  
CHCOLATE BAR  
85g



MEMBERS  
**PRICE**  
**4<sup>19</sup>**  
SAVE \$.80

EARTH BALANCE  
PLANT-BASED  
BUTTERY SPREAD  
284g-1276g



MEMBERS  
**SAVE**  
**15%**

GOODNESS  
HEALTHY EATING  
COLLAGEN  
ENHANCED  
TRUFFLES  
55g



MEMBERS  
**SAVE**  
**15%**

GABRIEL  
NATURAL  
COSMETICS



MEMBERS  
**SAVE**  
**15%**

A. VOGEL  
ECHINAFORCE  
FORTE  
30tabs



MEMBERS  
**PRICE**  
**17<sup>99</sup>**  
SAVE \$4

WHOLESOME  
ORGANIC DARK  
BROWN SUGAR  
681g



MEMBERS  
**PRICE**  
**7<sup>39</sup>**  
SAVE \$1.10

FODY FOOD CO.  
FODMAP FRIENDLY  
KETCHUP  
475g



MEMBERS  
**PRICE**  
**6<sup>19</sup>**  
SAVE \$.80

TOP GRASS  
GRASSFED BEEF  
MEATBALLS  
500g



MEMBERS  
**SAVE**  
**20%**

COMMUNITY  
NATURALS  
ASSORTED  
MUFFINS  
Singles & 4 Packs



MEMBERS  
**SAVE**  
**15%**

SUKIN  
FACIAL CARE  
PRODUCTS



MEMBERS  
**SAVE**  
**15%**

GENUINE HEALTH  
GREENS+ EXTRA  
ENERGY  
All Varieties



MEMBERS  
**SAVE**  
**15%**





COMMUNITY NATURAL FOODS

Family  
Farms

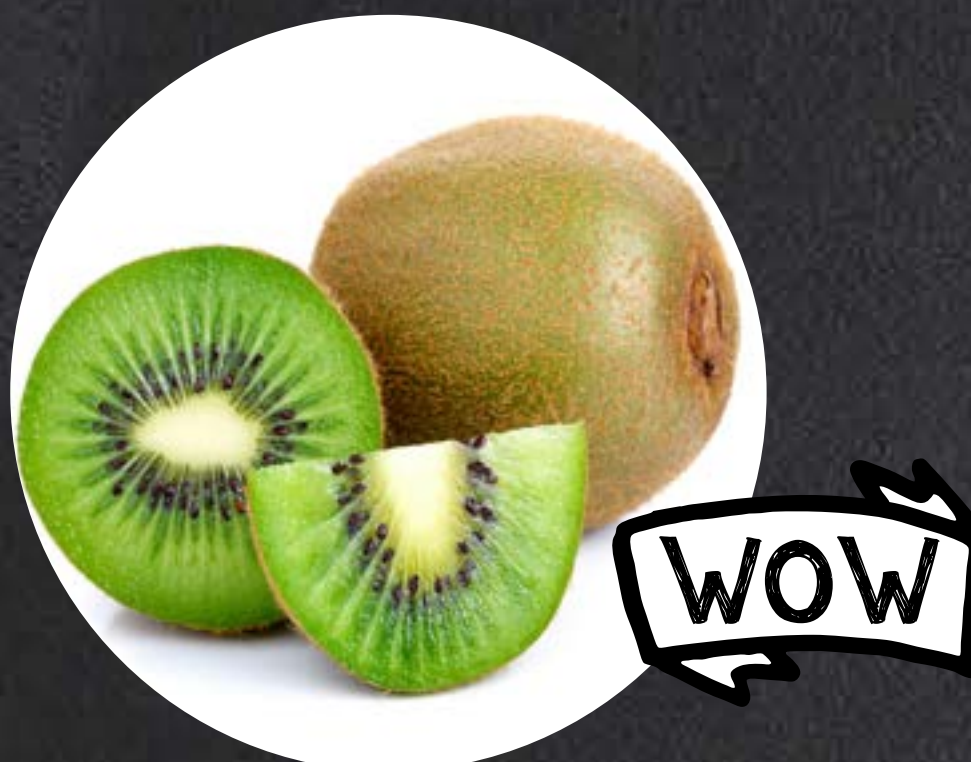
Nov. 25th - Dec. 1st

Mini Watermelons



\$1.29<sub>e</sub> / lb  
\$2.84/KG

Kiwi



\$3.99<sub>e</sub> /1lb Bag

Blackberries



\$4.49<sub>e</sub> /6oz Clam

Radicchio Lettuce



\$4.99<sub>e</sub> / lb  
\$10.98/KG

Celery



\$1.29<sub>e</sub> / lb  
\$2.84/KG

Local Bulk Red Beets



\$1.98<sub>e</sub> / lb  
\$4.36/KG

ALL ITEMS CERTIFIED ORGANIC - UNLESS OTHERWISE SPECIFIED