

for the
LOVE
of **ORGANIC**



Organic
Oranges Valencia
\$1.97/lb \$4.33/kg

**30%
OFF**



Community Naturals
Mixed Bean Salad
300g

**15%
OFF**



Organic
Red Onions
\$1.97/lb \$4.33/kg

**40%
OFF**



NEW

Truff
Truffle Mayo
236ml

**15%
OFF**



Sisu
Kid's Supplements
Select Products

**20%
OFF**



NEW

Elmhurst
Plant Based Beverages
Assorted Sizes

**15%
OFF**



NEW

Le Grand
Freshly Made
Chimichurri

\$8.99



Bite Grocer
Locally Made English Muffins
260g
\$5.99



Broek
Heritage Breed Pork Sausage
\$2.99/100g



Alchemist Vinegar
Locally Made Vinegars
500ml
\$15.29
SAVE \$2.70



Fruit Freak
Dried Fruit Toppings
Assorted Sizes
\$9.99



As a 45 year old local business, we believe strongly in supporting local producers, manufacturers and non-profits. We carry over 1,000 Alberta local products in-stores and online.

Organic Traditions
Organic Herbs & Superfoods
Select Products
15% OFF



Zevia
Stevia-Sweetened Beverages
Assorted Sizes
15% OFF



WHAT MAKES OUR MEAT DIFFERENT?

- 1 We know the farmers and have toured the facilities.
- 2 Animal welfare is paramount. Animals get to be animals, with room to roam.
- 3 Antibiotic and hormone free.
- 4 Organic options, where possible
- 5 Our grass fed beef is Alberta-raised; grass fed on free range pasture free of pesticides and insecticides; and handled with care.



Rossdown
Marinated Chicken Skewers 400g
\$11.99



Rossdown
Boneless Skinless Chicken Breast
\$2.49/100g
SAVE \$0.70/100g

PLANT BASED FAVOURITES

Sol Cuisine
Burgers
284-364g



\$7.99

TMRW Foods
Ground
340g



\$10.49

Only @ 10th Ave Market Community Cafe



Community Cafe
Freshly Made Juices 16oz
15% OFF

Weekly Savings Aug 18th - 24th

Available in-stores, curbside pick up & home delivery

Terra Breads
Artisan Bread
430-520g



**\$6.99-
\$8.99**

Tree Island
**Artisan Greek & Fruit
Yogurt**
325 & 350g



**15%
OFF**

L'Ancêtre
**Mild Cheddar &
Marble**
325g



**15%
OFF**

Spolumbo's Fine Foods
Pork Sausage
450g



**GREAT
PRICE
EVERY DAY
\$8.29**

California Olive Ranch
California-Made Olive Oil
500-750ml



**15%
OFF**

Pop Art
Gourmet Popcorn
Assorted Sizes



NEW

**15%
OFF**

Caboo
Household Paper Products
Assorted



**15%
OFF**

Ecomax
Dishwashing Products
Select Products



**15%
OFF**

Buy in BULK & SAVE

We carry over 200 bulk items
including:

- Baking Essentials
- Cooking Essentials
- Personal Care Liquids
- Sweeteners
- Cleaning Liquids
- Snacks
- Culinary Herbs & Spices
- Therapeutic herbs



hOMegrown Living Foods
**Organic Sprouted
Walnuts 100g**
15% OFF



Lovingly Made
**Textured Pea
Protein 100g**
15% OFF



Community Naturals
**Organic Black Chia Seeds
100g**
15% OFF



AOR
**Therapeutic
Supplements**
Select Products

Transform health through
evidence-based, natural and
therapeutic products offered by
AOR

15% OFF



Schinoussa
**Fermented
Chlorella Protein
Vanilla**
840g

23g of the highest plant based
bioavailable protein

\$54.99
SAVE \$10



Genuine Health
**Greens+ Extra
Energy**
Assorted

Increases vitality and mental clarity

15% OFF



New Chapter
**Wholefood
Supplements**
Assorted

New Chapter's natural vitamins,
minerals, and herbal health
products are a whole-food complex
- something your body easily
recognizes and absorbs.

15% OFF



NOW
**GABA 500mg with
Vitamin B6**
Entire Line on Sale

Helps to temporarily promote
relaxation

15% OFF



Salus
**Floradix Kindervital
Multivitamin for
Children**
All Salus Products on Sale

A unique, balanced herbal tonic that
supplies bone and tissue building
vitamins and minerals

15% OFF



Meet Anne
Customer Engagement Manager
at Chinook Market

Favourite Product:
Anne Marie Borlind's BB Cream (two shades.) A
little bit of morning magic that makes the day
ahead a little more radiant, reflective, refreshed
while being infused with botanical hyaluronic
acid to help you be a little more fine wrinkle and
synthetic free.

Iron Vegan
**Plant-Based
Supplements**
Assorted



Products For The
Everyday Athlete
And Wellness
Seeker

**15%
OFF**

New Roots
Children's Probiotic
20g



Help your
children maintain
a healthy
digestive system

**15%
OFF**

Nature's Way
**Calcium & Magnesium
with K2 and Collagen**



Bone-friendly
ingredients
Collagen,
Manganese,
Boron, Vitamin
K2 and Vitamin

\$26.99
SAVE \$5

Canprev
**Omega Twist
Lime-Licious**
450ml



Omega-3s
support cognitive,
cardiovascular,
and joint health

**15%
OFF**

myCN Verified
Clean Beauty



No Pong
**All Natural
Deodorant
Original**
35g
\$7.99
SAVE \$2



Jason
**Powersmile
Toothpaste**
170g
\$5.99
SAVE \$1

Weekly Savings Aug 18th - 24th

Available in-stores, curbside pick up & home delivery



AB Organic
Dandelion Greens
\$3.99
each



BC Organic
Kale Red
\$2.79
bunch



Organic
Oranges Valencia
\$1.97/lb
\$4.33/kg



30%
OFF



35%
OFF

BC Organic
Tomatoes Roma
\$2.79/lb
\$6.14/kg

25%
OFF

BC Organic
Beets Red
\$2.96
bunch



40%
OFF

Organic
Red Onions
\$1.97/lb
\$4.33/kg



GREAT
PRICE
EVERY DAY

Organic Girl
Assorted Salad Mixes
\$5.49
4/5oz Clamshells



for the
LOVE
of **ORGANIC**



Over 1,300 organic
items to embrace.

 **COMMUNITY**
natural foods



In the spirit of reconciliation, we acknowledge that we live, work and play on the traditional territories of the Blackfoot Confederacy (Siksika, Kainai, Piikani), the Tsuut'ina, the Iyāxe Nakoda Nations, the Métis Nation (Region 3), and all people who make their homes in the Treaty 7 region of Southern Alberta.

Store Hours:
Monday-Saturday 9am-9pm
Sunday 9am-7pm

10th Ave Market & Cafe
1304 10th Ave SW

Chinook Market
202 61st Ave SW

Crowfoot Market
850 Crowfoot Cres. NW

 **COMMUNITY**
natural foods
nourishing our community since 1977

communitynaturalfoods.com

Sign up in-store for a free myCNF membership
Flyer pricing reflects member pricing. Non-members
add 10% to all sale prices

We reserve the right to limit purchases to retail quantities. Not all items may be available at all stores. Items advertised may not be exactly as illustrated. Prices do not include tax, deposit, environmental handling charges or levies.