

for the
LOVE of
BETTER
BULK



BC Organic
Blueberries
\$3.99 6oz clamshell

**40%
OFF**



Community Naturals
Spicy Tuna Vegetable Sandwich
260g
\$7.99



Organic
Cauliflower
\$1.49/lb \$3.28/kg

**50%
OFF**



NEW

Lumette
Non-Alcoholic Spirits
375ml

**15%
OFF**



Derma E
SPF30 Ultra Sheer
Mineral Sunscreen
Mist
177ml

**20%
OFF**



Enlightened
Keto Ice Cream &
Cheesecakes
Assorted Sizes

**15%
OFF**



NEW

Yoggu
Coconut Probiotic
Yogurt
450g

\$9.69



As a 45 year old local business, we believe strongly in supporting local producers, manufacturers and non-profits. We carry over 1,000 Alberta local products in-stores and online?

Made Foods Veggie Egg Bite 180g

\$5.59



Bles Wold Yogurt Local Dairy Products 500-650g & 2.5kg

\$5.99- \$15.99

Lovingly Made Bulk Textured Pea Protein

15% OFF



Honey Bunny Dad's Amazing BBQ Sauce 500g

\$7.49 SAVE \$1



Community Naturals, ShawZ & Rocky Mountain Tisane Excellent Local Products Assorted Sizes 15% OFF



Nuts to You Nut Butters Select Products 15% OFF



Raised Without Antibiotic Meat

RWA stands for RAISED WITHOUT ANTIBIOTICS - RWA animals have NEVER received an antibiotic. Antibiotic-free, on the other hand, means that animals are weaned off any antibiotics for a time before they are sent to slaughter.

Only RWA animals have never had contact with antibiotics and are only fed a vegetarian diet that contains no animal by-products.

We are very proud of the unique arrangement with Spolumbo's in that they specially procure meat from certified RWA farmers for all of the Spolumbo's sausage we sell in our stores.



GRASS FED

Top Grass Cattle Co. Striploin Steaks

\$6.89/100g SAVE \$1.30/100g



RWA

Spolumbo's Fine Foods Fresh Pork & Frozen Chicken Sausage 450g

20% OFF

True Citrus Lemonade Drink Mixes 30g



\$3.99 SAVE \$1

Beanfields Bean Tortilla Chips 156g



\$5.19 SAVE \$0.80



Whistler Spring Water Assorted Sizes

15% OFF

Rosstown Whole Fryer Chicken Variable Weight



GREAT PRICE EVERY DAY \$0.99/100g

PLANT BASED FAVOURITES

Miyoko's Cultured Vegan Butter 227g



15% OFF



Ripple Plant Based Pea Milk 1.42L

10% OFF

Waisamama Local Sparkling Guayusa Tea 355ml



\$3.69 SAVE \$1

Noble Jerky Plant-Based Jerky 70g



\$5.49 SAVE \$1



Nature's Path Eco-Pack Cereals Assorted Sizes

15% OFF

Tree Island Yogurt Artisanal Greek & Fruit Yogurt 325g & 350g



15% OFF

Only @ 10th Ave Market Community Cafe



Community Cafe Veg Head Salad each

\$10.99 SAVE \$2

Weekly Savings Aug 4th - 10th

Available in-stores, curbside pick up & home delivery

Happy Belly
**Locally Crafted Draft
Kombucha**
16-64oz



30% OFF

Vive
Ginger & Turmeric Boost
59ml



\$4.39
SAVE \$.60

Queen Street Bakery
Superfood Bread
425-500g



15% OFF

Rise Kombucha
Organic Kombucha
1L



10% OFF



Prairie Naturals
Vitamins & Supplements

Excludes Hair Care Products

15% OFF



Sisu
Nutritional Supplements
Assorted

Vitamins and supplements designed to release your inner strength

15% OFF



Canprev
Healthy Bones
120vcap

Complete bone building blend with critical calcium, magnesium, D3, K2, and trace minerals

15% OFF

Happy Tree Farms
Organic Cherry Juice
946ml



NEW

\$13.19
SAVE \$1.80

Made Good
Line Drive
Assorted Sizes



15% OFF

Biovert
Dishwashing & Laundry Products
Assorted



15% OFF

Attitude
Pet Grooming Products
Assorted



20% OFF



Vega
**Hello Wellness
You've Got Guts**
405g

15g protein and 5g prebiotic fiber, working to promote good gut bacteria and support gut health

\$29.99
SAVE \$7



Organika
Enhanced Collagen
500g

For healthy hair, glowing skin, strong nails and gut & joint health

15% OFF



Nature's Way
**Nutrasea/Nutraveg
Omega-3**
Assorted

From brain development to cardiovascular health, there's lots to love about omega-3

15% OFF

Buy in BULK & SAVE

We carry over 200 bulk items including:

- Baking Essentials
- Cooking Essentials
- Personal Care Liquids
- Sweeteners
- Cleaning Liquids
- Snacks
- Culinary Herbs & Spices
- Therapeutic herbs



hOMegrown Living Foods
**Organic Sprouted
Walnuts 100g**
15% OFF



Lovingly Made
**Textured Pea
Protein 100g**
15% OFF



Community Naturals
**Organic Black Chia Seeds
100g**
15% OFF



Meet Anne
Customer Engagement Manager
at Chinook Market

Favourite Product:
Anne Marie Borlind's BB Cream (two shades.) A little bit of morning magic that makes the day ahead a little more "radiant" "reflective" "refreshed" while being infused with "botanical hyaluronic acid" to help you be a little more fine wrinkle and synthetic free.

Genuine Health
**Fermented Organic Gut
Superfoods+ Kids**
88g



Nourish a healthy gut ecology for total body health

15% OFF

Naka
Vital Greens



Contains chlorophyll to detoxify and deodorize

\$33.99
SAVE \$5

Renew Life
**Ultimate Flora Extra
Care**
30vcap



Supports digestive, immune and respiratory health with 50 billion CFU

15% OFF

Alberta Natural Products
**Scented Bar Soaps No
Label**
each



Handmade soap with NO artificial colours, scents or sulfates

\$2.99
SAVE \$.50

myCN Verified
Clean Beauty



Curelle
**Hair & Body
Care Products**
Assorted

20% OFF



Mineral Fusion
**Natural
Cosmetics**
Assorted

20% OFF

Weekly Savings Aug 4th - 10th

Available in-stores, curbside pick up & home delivery



BC Organic Blueberries \$3.99 6oz clamshell **40% OFF**



Organic Romaine Hearts \$3.99 3ct bag **30% OFF**



GREAT PRICE EVERY DAY
Organic White Button Mushrooms \$5.49/lb \$12.08/kg



Organic Red Grapes \$3.99/lb \$8.78/kg **30% OFF**



BC Organic White Potatoes \$1.49/lb \$3.28/kg **40% OFF**



35% OFF

Organic Asparagus \$4.99/lb \$10.98/kg



50% OFF

Organic Cauliflower \$1.49/lb \$3.28/kg



for the **LOVE** of **BETTER BULK**



Sustainable products put the earth first.



In the spirit of reconciliation, we acknowledge that we live, work and play on the traditional territories of the Blackfoot Confederacy (Siksika, Kainai, Piikani), the Tsuut'ina, the Iyāxe Nakoda Nations, the Métis Nation (Region 3), and all people who make their homes in the Treaty 7 region of Southern Alberta.

Store Hours:
Monday-Saturday 9am-9pm
Sunday 9am-7pm

10th Ave Market & Cafe
1304 10th Ave SW

Chinook Market
202 61st Ave SW

Crowfoot Market
850 Crowfoot Cres. NW



communitynaturalfoods.com

Sign up in-store for a free myCNF membership
Flyer pricing reflects member pricing. Non-members add 10% to all sale prices

We reserve the right to limit purchases to retail quantities. Not all items may be available at all stores. Items advertised may not be exactly as illustrated. Prices do not include tax, deposit, environmental handling charges or levies.